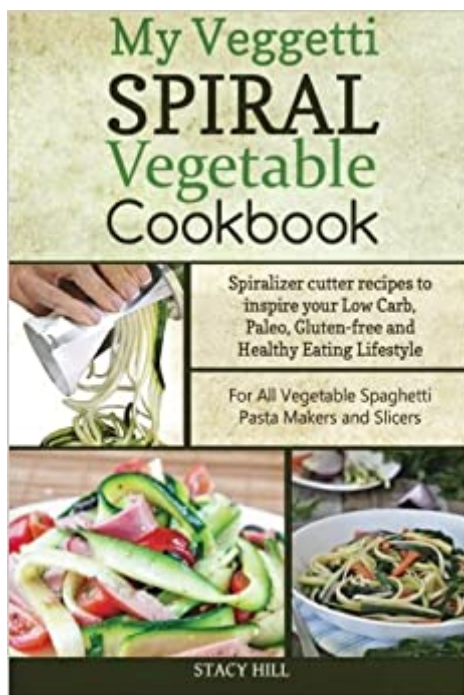


The book was found

# My Veggetti Spiral Vegetable Cookbook: Spiralizer Cutter Recipes To Inspire Your Low Carb, Paleo, Gluten-free And Healthy Eating Lifestyleâ€™ For All Vegetable Spaghetti Pasta Makers And Slicers



## Synopsis

Get easy and interesting recipes for your Veggetti spiralizer! My Veggetti Spiral Vegetable Cookbook serves up delicious and healthy vegetable spiralizer recipes that you and your family will love. With this book you'll be able to enjoy delicious vegetable pasta, whether you're eating low carb, gluten-free, Paleo, dairy-free or just want to make delectable dishes with your Veggetti pasta maker. Additionally, you can expect fresh Veggetti recipe ideas that are full of vibrant flavors and colors—bringing both simplicity and creativity to every veggie pasta meal.

## Book Information

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Average Customer Review: 4.0 out of 5 stars 55 customer reviews

Best Sellers Rank: #73,434 in Books (See Top 100 in Books) #58 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Gluten Free #71 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Paleo #109 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables

## Customer Reviews

A really great assortment of recipes for the spiralizer that have been really useful for me. Easy to grasp and i have and my friends agree as well on how tasty they are. Really appreciate this resource, it was joy to use and well explained, i will keep using it in the future, i love it :))

Though the recipes are interesting, I found quite a few to be both ingredient and labor intensive considering the final output. Too many ingredients. Some steps could be saved by just using a food processor to get almost same result. Unusual ingredients that aren't usually on hand - at least not in my kitchen. This will not be a go-to cookbook for me.

Very few recipes, no photos at all, and very very cheap paper (looks like the same paper as a Big Chief tablet from 1950). The book that comes with the Veggetti slicer is sufficient.

great ways to eat healthy-easy and fun to make....

great recipes

Old book - you can probably just take your regular pasta recipes and just make the substitution.

This book is very helpful on all the different vegetables you can make a delicious meal my veggetti spiral vegetable cookbook

Boring and uninspired. Not worth the price of a Kindle edition. Recipes were repetitive. Better recipes are found in the book that came with the machine.

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carb diet weight loss, low carb food list) Welcome to Spiralizer World: Unlock EVERY Secret of Cooking Through 500 AMAZING Spiralizer Recipes (Spiralizer Cookbook, Vegetable Pasta Recipes, Noodle Recipes,... ) (Unlock Cooking, Cookbook [#4]) Low Carb: Low Calorie Cookbook: 200 High Protein Recipes for Weight Loss, Muscle Building, Healthy Eating and Increased Energy Levels (Low Carb High Protein ... Low Carb Cookbook, Low Carb Diet Book 1) Low Carb: Low Calorie Cookbook: 50 High Protein Recipes Under 500 Calories for Weight Loss, Muscle Building, Healthy Eating & To Increase Energy (Low Carb ... Low Carb Cookbook, Low Carb Diet Book 1) The Everyday Paleo Slow Cooker: 100+ Quick and Easy Paleo Slow Cooker Recipes for Busy People (paleo diet, paleo, paleo solution, paleo diet cookbook, paleo books, paleo ebooks, paleo diet kindle) Low Carb: Low Carb, High Fat Diet. The Winning Formula To Lose Weight (Healthy Cooking, Low Carb Diet, Low Carb Recipes, Low Carb Cookbook, Eat Fat, Ketogenic Diet) Keto Bread Cookbook: Real Low Carb Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) The Ketogenic Diet Cookbook: Lose 15 Lbs In Two-Weeks With 66 Perfect Low Carb Keto Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Low Carb: Don't starve! How to fit into your old jeans in 7 days without starving with a Low Carb & High Protein Diet (low carb cookbook, low carb recipes, low carb cooking) My Mueller Spiral-Ultra Vegetable Spiralizer Cookbook: 101 Recipes to Turn Zucchini into Pasta, Cauliflower into Rice, Potatoes into Lasagna, Beets into ... Slicer! (Vegetable Spiralizer Cookbooks) My Mueller Spiral-Ultra Vegetable Spiralizer Cookbook: 101 Recipes to Turn Zucchini into Pasta, Cauliflower into Rice, Potatoes into Lasagna, Beets ... (Vegetable Spiralizer Cookbooks) (Volume 4)

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